

**Massachusetts Department of Conservation and Recreation  
Designated Swimming Area Schedule  
Saturday, May 28, 2022-  
Monday, September 5, 2022**

*Please Note: Lifeguard Schedule is subject to change due to staffing and in service training.  
Opening dates may be subject to change.*

<b>Community</b>	<b>Designated Swimming Area</b>	<b>Park, State Forest or Recreational Facility</b>	<b>DSA Type</b>	<b>Designated Swimming Area Opening Date</b>	<b>Lifeguard Coverage (Weekends and holidays only from 5/28/22- 6/12/22)</b>	<b>Lifeguard Coverage Starts (7 days per week)</b>	<b>Lifeguard Coverage Ends</b>	<b>Designated Swimming Area Closes</b>	<b>Region</b>
Dorchester	Malibu Beach	Dorchester Shore Reservation	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Boston
Dorchester	Savin Hill Beach	Dorchester Shore Reservation	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Boston
Dorchester	Tenean Beach	Dorchester Shore Reservation	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Boston
Quincy	Wollaston Beach	Quincy Shore Reservation	Coastal Beach	5/28/22	No	6/18/22	8/21/22	9/5/22	Boston
S. Boston	Carson Beach	South Boston Beaches	Coastal Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	Boston
S. Boston	Castle Island Beach	South Boston Beaches	Coastal Beach	5/28/22	Yes	6/18/22	8/21/22	9/5/22	Boston
S. Boston	Pleasure Bay Beach	South Boston Beaches	Coastal Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	Boston
S. Boston	City Point Beach	South Boston Beaches	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Boston
S. Boston	M Street Beach	South Boston Beaches	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Boston
Winchester	Shannon Beach	Mystic River Reservation	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Boston
Ashby	Damon Pond Beach	Willard Brook State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Central
Ashland	Ashland Beach	Ashland State Park	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Central

**Massachusetts Department of Conservation and Recreation**  
**Designated Swimming Area Schedule**  
**Saturday, May 28, 2022-**  
**Monday, September 5, 2022**

*Please Note: Lifeguard Schedule is subject to change due to staffing and in service training.  
Opening dates may be subject to change.*

Community	Designated Swimming Area	Park, State Forest or Recreational Facility	DSA Type	Designated Swimming Area Opening Date	Lifeguard Coverage (Weekends and holidays only from 5/28/22- 6/12/22)	Lifeguard Coverage Starts (7 days per week)	Lifeguard Coverage Ends	Designated Swimming Area Closes	Region
Baldwinville	Beamans Pond Day Use Beach	Otter River State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Central
Baldwinville	Beamans Pond Campers Beach	Otter River State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Central
Douglas	Wallum Lake Beach	Douglas State Forest	Inland Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	Central
Erving	Laurel Lake Beach	Erving State Forest	Inland Beach	5/28/22	No	6/18/22	8/21/22	9/5/22	Central
Framingham	Saxonville Beach	Cochituate State Park	Inland Beach	Managed by the Town of Framingham. Call 508-532-5960 for information.					Central
Gardner	Dunn Pond Beach	Dunn Pond State Park	Inland Beach	5/28/22	No	6/18/22	8/21/22	9/5/22	Central
Hopkinton	Hopkinton Main Beach	Hopkinton State Park	Inland Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	Central
Hopkinton	Upper Reservoir Beach	Hopkinton State Park	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Central
Hubbardston	Comet Pond Beach	Asnacomet Pond	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Central
Leominster	Crow Hill Pond Beach	Leominster State Forest	Inland Beach	5/28/22	No	6/18/22	8/21/22	9/5/22	Central
Natick	Cochituate S.P. Beach	Cochituate State Park	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Central
Rutland	Whitehall Pond	Rutland State Park	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Central

**Massachusetts Department of Conservation and Recreation  
Designated Swimming Area Schedule  
Saturday, May 28, 2022-  
Monday, September 5, 2022**

*Please Note: Lifeguard Schedule is subject to change due to staffing and in service training.  
Opening dates may be subject to change.*

Community	Designated Swimming Area	Park, State Forest or Recreational Facility	DSA Type	Designated Swimming Area Opening Date	Lifeguard Coverage (Weekends and holidays only from 5/28/22- 6/12/22)	Lifeguard Coverage Starts (7 days per week)	Lifeguard Coverage Ends	Designated Swimming Area Closes	Region
Shutesbury	Lake Wyola Beach	Lake Wyola State Park	Inland Beach	5/28/22	No	6/18/22	8/21/22	9/5/22	Central
Sturbridge	Walker Pond Campers Beach	Wells State Park	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Central
Townsend	Pearl Hill Beach	Pearl Hill State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Central
Winchendon	Lake Dennison Day Use Beach	Lake Dennison Recreation Area	Inland Beach	5/28/22	No	6/18/22	8/21/22	9/5/22	Central
Winchendon	Lake Dennison Campers Beach	Lake Dennison Recreation Area	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	Central
Worcester	Regatta Point Beach	Quinsigamond State Park	Inland Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	Central
Worcester	Lake Park	Quinsigamond State Park	Inland Beach	5/28/22	No	6/18/22	8/21/22	9/5/22	Central
Concord	Walden Pond Main Beach/ Red Cross Beach	Walden Pond State Reservation	Inland Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	North
E. Boston	Constitution Beach	Constitution Beach	Coastal Beach	5/28/22	No	6/18/22	8/21/22	9/5/22	North
Ipswich/PI	Sandy Point	Sandy Point	Coastal Beach	5/28/22	no	Unguarded	unguarded	9/5/22	North
Lynn	Lynn Beach	Lynn Shore Reservation	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	North

**Massachusetts Department of Conservation and Recreation  
Designated Swimming Area Schedule  
Saturday, May 28, 2022-  
Monday, September 5, 2022**

*Please Note: Lifeguard Schedule is subject to change due to staffing and in service training.  
Opening dates may be subject to change.*

<b>Community</b>	<b>Designated Swimming Area</b>	<b>Park, State Forest or Recreational Facility</b>	<b>DSA Type</b>	<b>Designated Swimming Area Opening Date</b>	<b>Lifeguard Coverage (Weekends and holidays only from 5/28/22- 6/12/22)</b>	<b>Lifeguard Coverage Starts (7 days per week)</b>	<b>Lifeguard Coverage Ends</b>	<b>Designated Swimming Area Closes</b>	<b>Region</b>
Lynn	Kings Beach	Lynn Shore Reservation	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	North
N. Andover	Berry Pond Day-Use Beach	Harold Parker State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	North
N. Andover	Frye Pond Campers Beach	Harold Parker State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	North
Nahant	Nahant Beach	Lynn Shore Reservation	Coastal Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	North
Revere	Revere Beach	Revere Beach Reservation	Coastal Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	North
Revere/Winthrop	Short Beach	Winthrop Shores Reservation	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	North
Salisbury	Salisbury Main Beach	Salisbury Beach Reservation	Coastal Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	North
Salisbury	Salisbury North Beach	Salisbury Beach Reservation	Coastal Beach	5/28/22	No	6/18/22	9/5/22	9/5/22	North
Saugus	John A. Pierce Lake	Breakheart Reservation	Inland Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	North
Winthrop	Winthrop Beach	Winthrop Shores Reservation	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	North
Saugus	Camp Nihan	Pecham Pond	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	North

**Massachusetts Department of Conservation and Recreation  
Designated Swimming Area Schedule  
Saturday, May 28, 2022-  
Monday, September 5, 2022**

*Please Note: Lifeguard Schedule is subject to change due to staffing and in service training.  
Opening dates may be subject to change.*

Community	Designated Swimming Area	Park, State Forest or Recreational Facility	DSA Type	Designated Swimming Area Opening Date	Lifeguard Coverage (Weekends and holidays only from 5/28/22- 6/12/22)	Lifeguard Coverage Starts (7 days per week)	Lifeguard Coverage Ends	Designated Swimming Area Closes	Region
Boston	Lovells Is. Beach	Boston Harbor Islands State Park	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Boston	Spectacle Beach	Boston Harbor Islands State Park	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Brewster	Cliff Pond Beach	Nickerson State Park	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Brewster	Flax Pond Beach	Nickerson State Park	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Brewster	Little Cliff Pond	Nickerson State Park	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Carver	Barretts Pond Campers Beach	Myles Standish State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Dartmouth	Demarest Lloyd Beach	Demarest Lloyd State Park	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Edgartown	South Beach (Katama)	Manuel F. Correllus State Forest	Coastal Beach	Managed by the Town of Edgartown. Call 508-627-6145 for information.					South
Fairhaven	Fort Phoenix Beach	Fort Phoenix State Reservation	Coastal Beach	5/28/22	No	6/18/22	8/21/22	9/5/22	South
Falmouth	Washburn Island	Camper's Beach	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Hull	Nantasket Beach	Nantasket Beach Reservation	Coastal Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	South
Hull	Peddocks Island Beach	Boston Harbor Islands State Park	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South

**Massachusetts Department of Conservation and Recreation  
Designated Swimming Area Schedule  
Saturday, May 28, 2022-  
Monday, September 5, 2022**

*Please Note: Lifeguard Schedule is subject to change due to staffing and in service training.  
Opening dates may be subject to change.*

Community	Designated Swimming Area	Park, State Forest or Recreational Facility	DSA Type	Designated Swimming Area Opening Date	Lifeguard Coverage (Weekends and holidays only from 5/28/22- 6/12/22)	Lifeguard Coverage Starts (7 days per week)	Lifeguard Coverage Ends	Designated Swimming Area Closes	Region
Mashpee	South Cape Beach	South Cape Beach	Coastal Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Milton	Houghton's Pond	Blue Hills Reservation	Inland Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	South
Oak Bluffs	Joseph Sylvia State Beach	Manuel F. Correllus State Forest	Coastal Beach	Managed by Dukes County. Call (508) 696-3840 for more information					South
Plymouth	College Pond	Myles Standish State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Plymouth	Charge Pond Campers Beach	Myles Standish State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Plymouth	Curlew Pond Beach	Myles Standish State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Plymouth	Fearing Pond Day Use Area	Myles Standish State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Plymouth	Fearing Pond Campers Beach I	Myles Standish State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Plymouth	Fearing Pond Campers Beach H	Myles Standish State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Sandwich	Scusset Beach	Scusset Beach State Reservation	Coastal Beach	5/28/22	No	6/18/22	9/5/22	9/5/22	South
Taunton	Watson Pond Beach	Watson Pond State Park	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South
Taunton	Campers Beach	Massasoit State Park	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	South

**Massachusetts Department of Conservation and Recreation  
Designated Swimming Area Schedule  
Saturday, May 28, 2022-  
Monday, September 5, 2022**

*Please Note: Lifeguard Schedule is subject to change due to staffing and in service training.  
Opening dates may be subject to change.*

Community	Designated Swimming Area	Park, State Forest or Recreational Facility	DSA Type	Designated Swimming Area Opening Date	Lifeguard Coverage (Weekends and holidays only from 5/28/22- 6/12/22)	Lifeguard Coverage Starts (7 days per week)	Lifeguard Coverage Ends	Designated Swimming Area Closes	Region
Westport	Horseneck Beach	Horseneck Beach Reservation	Coastal Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	South
Monterey	Benedict Pond	Beartown State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	West
Chicopee	Chicopee S.P. Beach	Chicopee State Park	Inland Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	West
Charlemont	Cold River Pool	Mohawk Trail State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	West
Goshen	DAR Campers Beach	DAR State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	West
Goshen	DAR Day Use Beach	DAR State Forest	Inland Beach	5/28/22	No	6/18/22	8/21/22	9/5/22	West
Westfield	Lamberts Beach	Hampton Ponds State Park	Inland Beach	5/28/22	No	6/18/22	8/21/22	9/5/22	West
Pittsfield	Lulu Pond	Pittsfield State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	West
Clarksburg	Mauserts Pond	Clarksburg State Forst	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	West

**Massachusetts Department of Conservation and Recreation  
Designated Swimming Area Schedule  
Saturday, May 28, 2022-  
Monday, September 5, 2022**

*Please Note: Lifeguard Schedule is subject to change due to staffing and in service training.  
Opening dates may be subject to change.*

Community	Designated Swimming Area	Park, State Forest or Recreational Facility	DSA Type	Designated Swimming Area Opening Date	Lifeguard Coverage (Weekends and holidays only from 5/28/22- 6/12/22)	Lifeguard Coverage Starts (7 days per week)	Lifeguard Coverage Ends	Designated Swimming Area Closes	Region
Savoy	North Pond	Savoy Mountain State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	West
Otis	Otis Res. Beach	Tolland State Forest	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	West
Agawam	Robinson Beach	Robinson State Park	Inland Beach	5/28/22	No	Unguarded	Unguarded	9/5/22	West
Sandisfield	York Lake	Sandisfield State Forest	Inland Beach	5/28/22	No	Unguarded	unguarded	9/5/22	West
Westfield	Kingsley Beach	Hampton Ponds State Park	Inland Beach	5/28/22	Yes	6/18/22	9/5/22	9/5/22	West

When Designated Swimming Areas (DSA) open for the season, services includes provision of restroom facilities, parking and water quality testing. Some DSA also offer lifeguard services.  
Key Holidays: Memorial Day, 5/30/22; Juneteenth, July 4th, Labor Day, 9/5/22